



New Zealand Inline Hockey Men's Camp Bulletin

Nov 3, 2016

To: Premier level players interested in being considered for NZ Representation in 2017

The quest begins with the first fitness and skills camp being held in New Plymouth November 19th and 20th. The camp is open to all Premier level players

Start Time: Saturday 19th - Registration Midday - on the rink 12.30
Finish Time: Sunday 20th - 1pm
Cost: \$40

Schedule will be advised once numbers are registered on the day. The plan is to have five on rink sessions, fitness testing and discussion.

Medical Dispensations (must be accompanied with a medical certificate) will be considered, please email to nz.inline@gmail.com by November 18 to ensure review.

Overseas players may apply for dispensation, please notify [nz.inline@gmail](mailto:nz.inline@gmail.com) by November 18 to allow consideration.

Weekend Format: Base Fitness Testing, Training program with additional testing in February. Schedule of camps will be advised. All camps will be in New Plymouth. Additional Fitness training will be conducted in Auckland and Wellington – aligned to camps held in New Plymouth.

It is expected to select final team at the March camp. Fitness progress will be part of the selection process.

Giving Back: Extended squad members will be expected to make themselves available to coach and/or assist in organized training camps in various grades and at various venues. Auckland and new Plymouth have already booked dates in first quarter 2017. Clubs and/ or regions may wish to contact with proposed dates to book in additional camps. There may also be other ways squad members “give back” these can be discussed with Pete Shields at camp in November.

The full program will be discussed with players attending the first camp in November (evening meeting for all camp attendees on Saturday 19th).

If you wish to be considered you need to attend November 19th and 20th, bring your hockey gear, fitness (off rink) gear, runners, etc and register on time on November 19th.

Thank you

Krystyna Beardman

General Manager

On behalf of Pete Shields and Bevan Varney